

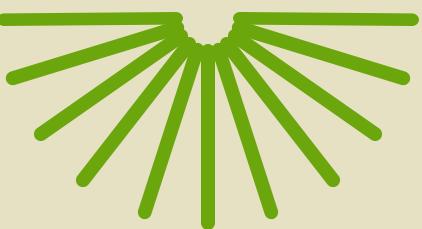


Středoevropské a pobaltské
perspektivy v koordinované péči

DŮSTOJNÉ STÁRNUTÍ: Výzvy a řešení pro budoucnost

11. 6. 2025
9:00-15:30

Fortna - Klášter Hradčany Řádu bosých karmelitánů,
Hradčanské nám. 3/184,
118 00 Praha 1



Positive aging in Lithuania





Senjoro operates in half of Lithuania's municipalities – 30 out of 60

More than 2,200 clients 573 employees

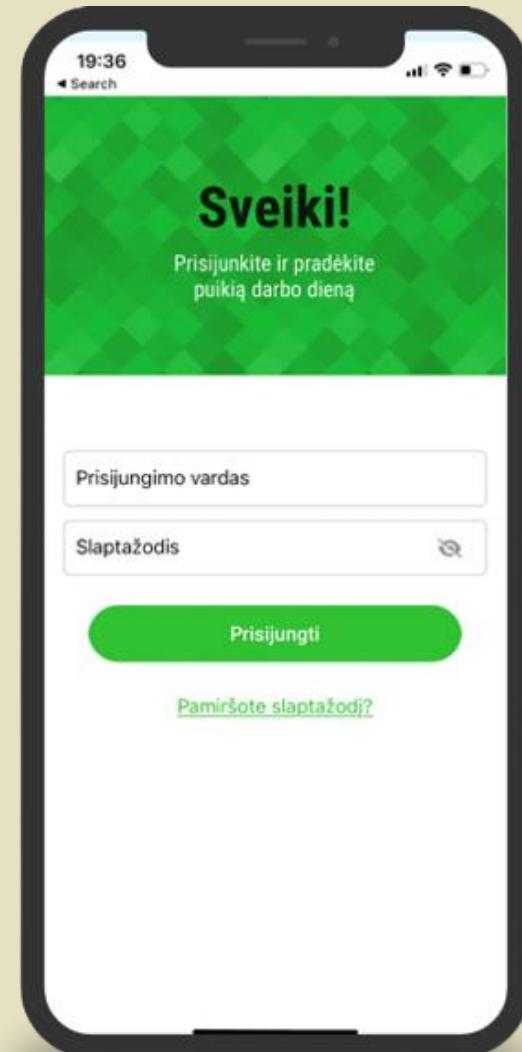
Social innovation

- Senjoro is a social enterprise, all of our profits are reinvested into the organization to achieve the greatest possible impact on society.
- Innovation is not just about biotechnology and artificial intelligence.
- Social innovations – new management models, methodologies, service designs – help fundamentally change the system.



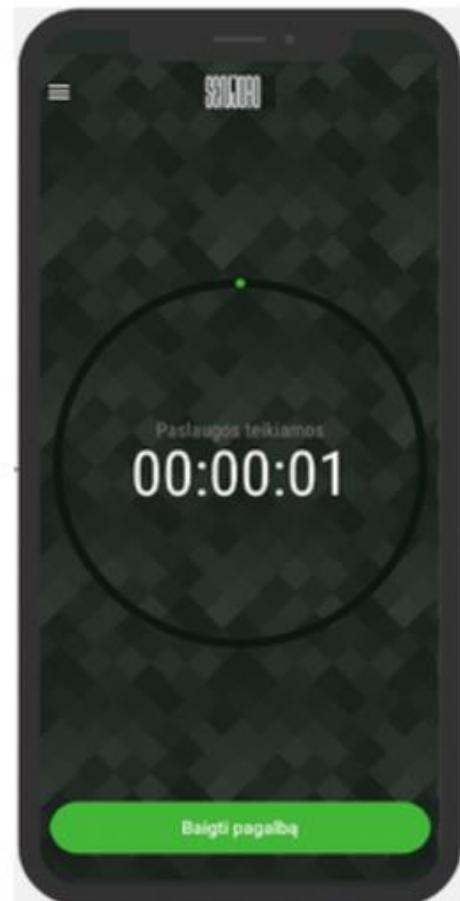
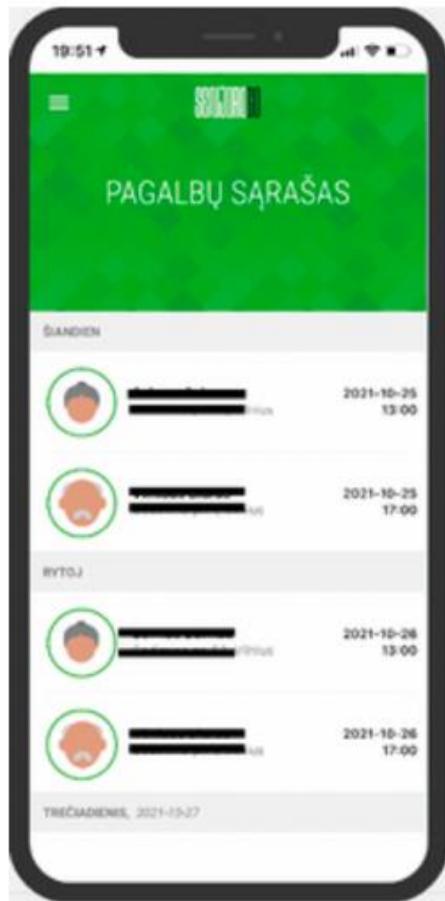
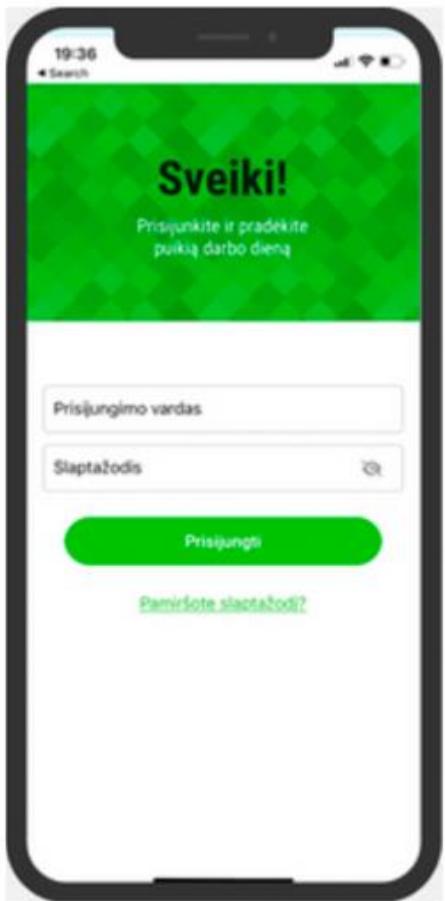
SENJORO>GO

SenjoroGo application allows to eliminate paper-based service logs and bring a new level of transparency to the social services sector.



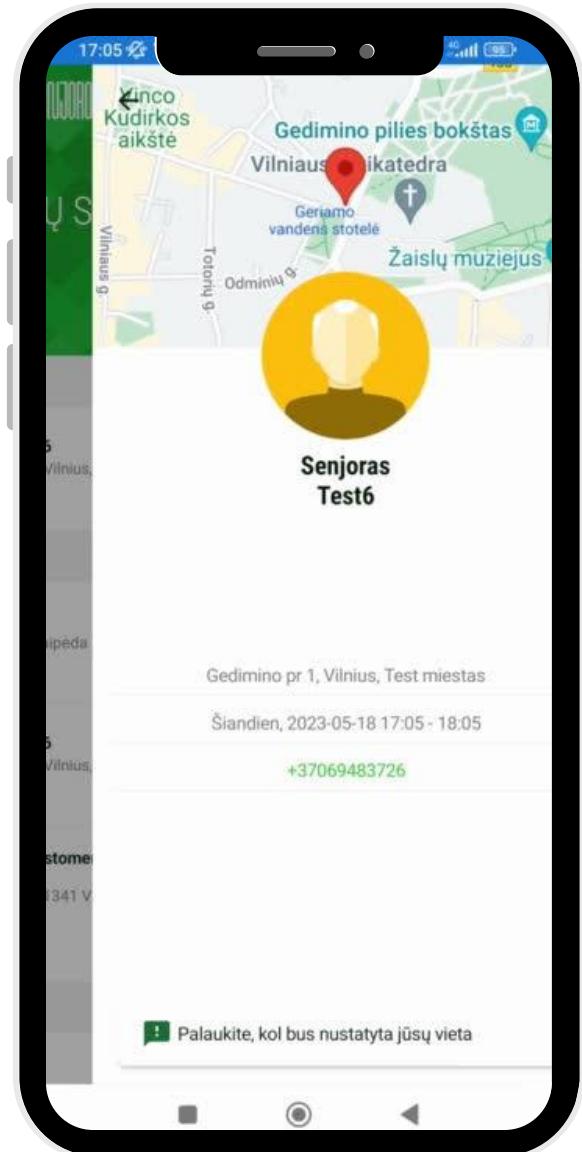


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SENJORO

SENJORO>GO



Sveiki, Rugilė R !

APP Duomenys | ieškoti... | Savivaldybė | Darbuotojas | Senjoras | Pasirinkite datą | Paslaugos tipas

Jvertinimas | **Išvalyti filtras**

Mynukas	Vardas	Namų adresas	Dienos laikas	Uždarbys	Uždarbys	Aktivu	Uždarbys	Uždarbys	Uždarbys	Uždarbys
Mykolas Jurgutis	Vilma Kašetienė	2025-06-09 07:17:54	✓ Sustabdyti	—	Aktivu	—	✓	✓	✓	✓
Algirdas Antanas Brukas	Jolita Venclovienė	2025-06-09 07:17:13	✓ Sustabdyti	01:52:03	Planuota	Gerai	✓	✓	✓	✓
Liudvika Radzevičienė	Sandra Bendoraitienė	2025-06-09 07:16:53	✓ Sustabdyti	01:56:06	Planuota	Gerai	✓	✓	✓	✓
Vincas Dvarionis	Jurgita Šlekytė	2025-06-09 07:15:11	✓ Sustabdyti	01:50:33	Planuota	Gerai	✓	✓	✓	✓
Juozas Vareika	Rita Misiukevičienė	2025-06-09 07:14:34	✓ Sustabdyti	02:00:48 🛒	Planuota	Gerai	✓	✓	✓	✓
Danutė Sameniene	Aldona Keršauskienė	2025-06-09 07:14:22	✓ Sustabdyti	01:28:59	Planuota	Gerai	✓	✓	✓	✓
Stasė Kašelioniene	Romualda Goberienė	2025-06-09 07:10:42	✓ Sustabdyti	01:57:55	Planuota	Vidutiniškai	✓	✓	✓	✓
Zinaida Koroliova	Diana Gustaitienė	2025-06-09 07:08:07	✓ Sustabdyti	01:50:33	Planuota	Gerai	✓	✓	✓	✓
Vytautas Kasiukevičius	Erika Sarneckienė	2025-06-09 07:06:18	✓ Sustabdyti	01:57:51	Planuota	Gerai	✓	✓	✓	✓
Albina Stanišauskienė	Dalia Januševičienė	2025-06-09 07:04:33	✓ Sustabdyti	02:06:49	Planuota	Gerai	✓	✓	✓	✓
Bronislava Kovaliova	Martina Pigu	2025-06-09 07:02:01	✓ Sustabdyti	—	Aktivu	—	✓	✓	✓	✓
Ona Lukauskaitė	Renata Klastaitienė	2025-06-09 07:00:11	✓ Sustabdyti	02:01:29	Planuota	Gerai	✓	✓	✓	✓
Elžbieta Genovaitė	Eglė Navickienė	2025-06-09 07:00:09	✓ Sustabdyti	01:55:07	Planuota	Gerai	✓	✓	✓	✓
Nijolė Juozaitienė	Vilma Raščiauskienė	2025-06-09 07:00:03	✓ Sustabdyti	01:53:43 🛒	Planuota	Gerai	✓	✓	✓	✓
Laimutė Jefimova	Žana Stropienė	2025-06-09 06:56:19	✓ Sustabdyti	02:31:48	Planuota	Gerai	✓	✓	✓	✓
Anastazija Morkevičienė	Joana Bogdanova	2025-06-09 06:55:10	✓ Sustabdyti	01:51:47	Planuota	Gerai	✓	✓	✓	✓

Kalendorius		2025-06-09 – 15		Nekontaktinės valandos		Nedarbo laikas	Pagalbos įvedimas								
		< >	Šiandien	Savaitė	Keisti	Kaunas	Vilma Kašetienė	arba	Pasirinkite senjorą						
		06-09 pr		06-10 an		06-11 tr		06-12 kt		06-13 pn		06-14 št		06-15 sk	
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09:00															
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15:00		15:00 – 17:30 Mykolas Jurgutis				15:00 – 17:30 Mykolas Jurgutis			14:30 – 17:00 Mykolas Jurgutis						
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Senjoro Positive Aging Methodology

It guides the making of individualized care plans for seniors.

The methodology is based on **8** steps toward positive aging, focusing on areas where action and improvement can enhance a senior's quality of life.



Rüpestis išvaizda



Fizinis aktyvumas



Kultūrinė
veikla



Sveika mityba



Technologijų
pažinimas



Motyvacija veikti



Jaukumas
namuose



Draugystės
mezgimas

Social connections





Your grandparents definitely have stories that will surprise you



Colorful Conversations Across Generations



The month of beauty

Campaign brought together beauty salons that offered 280 free beauty treatments to older adults. It was not just about haircuts or other services – it was a chance to feel cared for, boost self-confidence, and step out into the world to celebrate one's own value and beauty.





Senior Dates

February 14th has become a cherished tradition for us – every year, we invite seniors to take themselves or someone else on a “date.” Not just for romance, but to encourage meaningful moments with a neighbor or an old friend. We’ve seen how much seniors crave real connection, so we now organize these meetups more often. It’s a simple but powerful way to bring more warmth and joy into everyday life.





Senjoro picnics

At the end of each summer, Senjoro invites seniors to community picnics across different cities. These gatherings are not only about spending time together, but also about encouraging older adults to step outside, enjoy public spaces, and connect with others. We believe that celebrating life shouldn't wait for a special occasion – it can and should happen here and now.

Let's make aging a joy, not a fear.



Senjoro



Rugile Bitautaite



senjoro@zmogui.lt



www.senjoro.lt

